



# FIRST AID

## POLICIES, PROCEDURES, AND GUIDELINES.

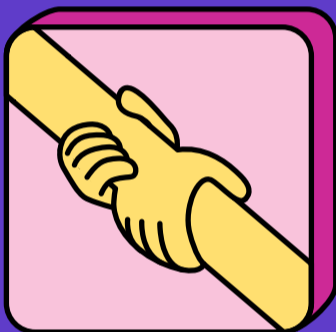


To be **effective and safe** when providing First Aid to someone, you should be aware of some guidelines. Here is a brief overview of these **policies and regulations relevant to the provision of First Aid.**



## ARC GUIDELINES

First Aid training in Australia is aligned with the guidelines provided by the **Australian Resuscitation Council (ARC)**. You can review the ARC Guidelines at [resus.org.au](https://www.resus.org.au).



## DUTY OF CARE

A **Duty of Care** when providing First Aid means to **provide care appropriate to the level of your First Aid training.**

### This means:

- Acting in good faith
- Using available equipment
- Preventing further harm when possible
- Staying with the casualty
- Showing respectful behaviour
- Using Personal Protection Equipment (PPE)



## THE GOOD SAMARITAN ACT

A **Good Samaritan** is a person who **decides to act in good faith** by assisting a casualty without expecting payment or a reward for their efforts. **The Good Samaritan Act protects Good Samaritans "from any personal liability in an emergency situation".**



## SAFE WORK CODES OF PRACTICE

Workplaces are required to comply with standards of work health and safety outlined in the **Work Health and Safety Act & Regulations**. You need to understand and adhere to the first aid policies, procedures, and guidelines of your organisation.



## CONSENT

Consent in First Aid is when you are given **permission** from a casualty before providing them with care.

### Consent can be:

- Verbal**
- Implied** with affirmative gestures
- From a **parent or guardian** of a minor
- Assumed** when casualty is unconscious and needs First Aid.
- Not given.** In this case, call 000.