

DANGER

Check for dangers.
You can't help **if you're also at risk!**



RESPONSE

Ask the casualty questions "Can you hear me?", "What's your name?"





SEND FOR HELP

Get somebody to call 000, or make the call yourself if you're alone







AIRWAY

If the casualty is unresponsive, open their mouth and check for and remove any obstructions.



BREATHING. Normal?

Yes: Put in recovery position.

No: Start CPR

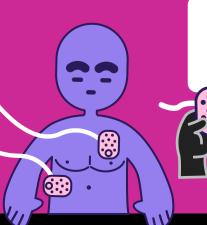




CPR 30 compressions: 2 breaths

Continue CPR until help arrives, the person breathes on their own, or it's unsafe to continue.







DEFIBRILLATOR (AED)

Apply an Automated External Defibrillator (AED) as soon as available. Follow prompts.



In an emergency call triple zero (000) for an ambulance.