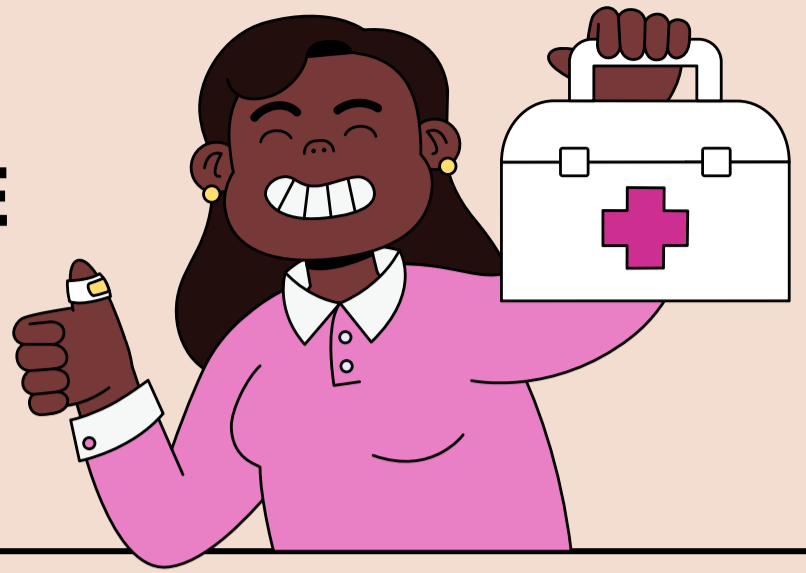


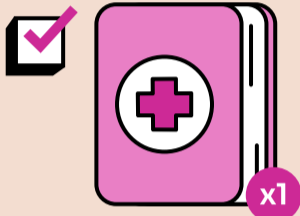
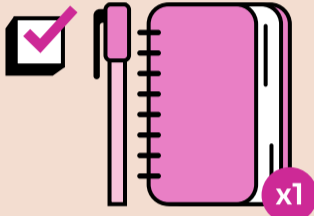
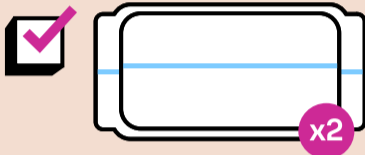
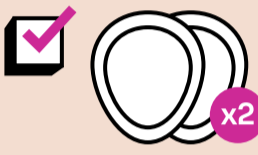


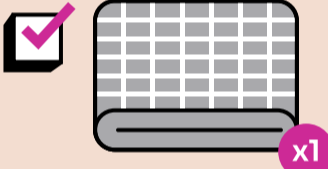
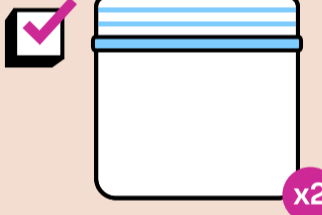
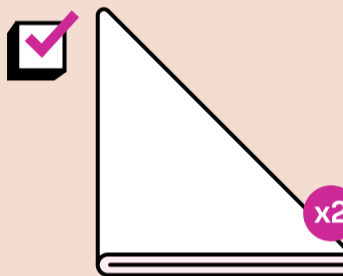
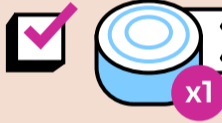
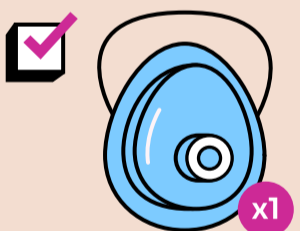
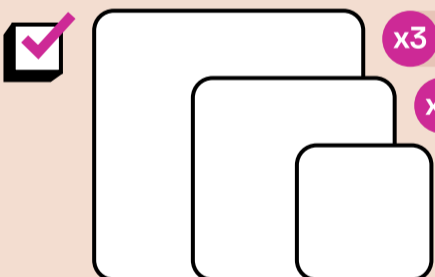

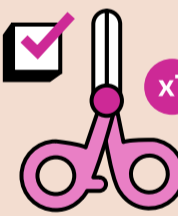
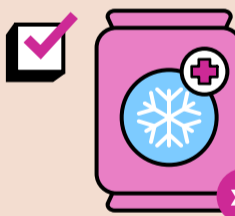
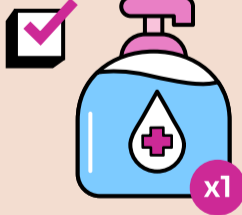

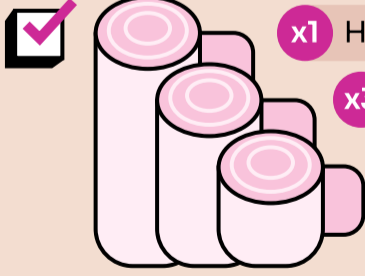
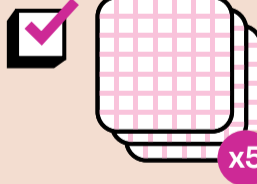


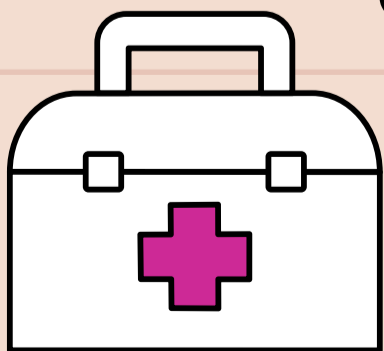
# WORKPLACE FIRST AID KIT CHECKLIST:



Having a **fully stocked First Aid Kit** handy and ready to go is a **legal requirement for workplaces** and a must for individuals. **The kit should contain:**



 <p><b>First Aid Guide</b> x1</p>	 <p><b>Notebook and Pen</b> x1</p>	 <p><b>Combine Dressing (9 x 20 cm)</b> x2</p>	 <p><b>Eye Pads (Single-Use)</b> x2</p>	 <p><b>Saline</b> x8 15 ml or x4 30 ml</p>
 <p><b>Surgical Face Masks</b> x4</p>	 <p><b>Emergency Blanket</b> x1</p>	 <p><b>Large Resealable Bag</b> x2</p>	 <p><b>Triangular Bandage</b> x2</p>	 <p><b>Hypoallergenic Adhesive Tape (2.5 cm wide)</b> x1</p>
 <p><b>CPR Mask or Face Shield</b> x1</p>	 <p><b>Non-Adherent Dressing</b> x3 Large (10x10 cm) x3 Medium (7.5x7.5 cm) x6 Small (5x5 cm)</p>	 <p><b>Adhesive Dressing Strips</b> x50</p>	 <p><b>Scissors</b> x1</p>	 <p><b>Instant Cold Pack</b> x1</p>
 <p><b>Hand Sanitiser</b> x1</p>	 <p><b>Disposable Nitrile Gloves (various sizes)</b> x5 Pairs</p>	 <p><b>Conforming Crepe Bandage</b> x1 Heavy (10cm wide) x3 Light (7.5 cm wide) x3 Light (5 cm wide)</p>	 <p><b>Gauze Swabs (10x10 cm)</b> x5 3-pack</p>	



The basic workplace first aid kit items above were taken from **WorkSafe Victoria's "Compliance code: First aid in the workplace" (2021)**. This guide is also a great **basis for a home first aid kit**. Items portrayed are not to scale.